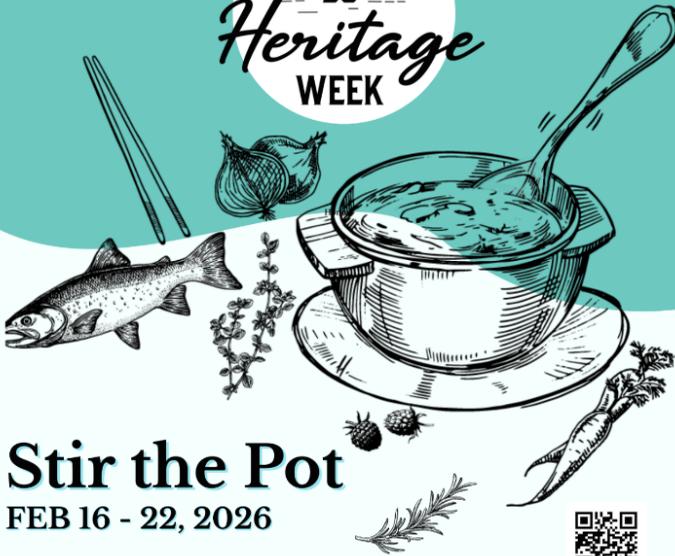


# Welcome to

BC  
Heritage  
WEEK



## Stir the Pot

FEB 16 - 22, 2026

Scan the QR code now to get full event details, schedules, and special highlights!



Heritage BC

With thanks to our sponsors



## About BC Heritage Week

BC Heritage Week returns February 16–22, 2026, with the 2026 theme *Stir the Pot: Food Brings Us Together*.

From family recipes and shared meals to farming, harvesting, and celebration, food tells the story of our heritage in meaningful and memorable ways.

Join us throughout the week for a variety of family-friendly Heritage Week events across Kelowna and the Central Okanagan. Explore local history, enjoy hands-on activities, experience music, art, storytelling, and cultural traditions, and celebrate the diverse communities that make our region unique.

For a full schedule of events, locations, times, and registration details, visit the [Heritage Week](#) website for more information.

## Heritage Week Kickoff Event in Kelowna!

Kick off **BC Heritage Week** with us on **February 16** at **MNP Place** as part of the City of Kelowna's free **Family Fun Day!** Explore cultural food traditions, enjoy hands-on activities, and celebrate the stories that connect our community.

Look for the Heritage zone and see how our heritage and cultural traditions connect us to family, ancestors, and tradition.

## PARTICIPATING ORGANIZATIONS



**Central Okanagan Heritage Society (COHS)** champions the region's heritage through inspiring conservation, engaging community partnerships, and dynamic educational experiences. [okheritagesociety.com](http://okheritagesociety.com)



**Friends and Residents of the Abbott Street Heritage Conservation Area Society (FRAHCAS)** protects the unique history of the Abbott Street Heritage Conservation Area while inspiring public appreciation through outreach and stewardship.

[frahcas.org](http://frahcas.org)



**Kelowna Art Gallery (KAG)** brings art to life with vibrant exhibitions, rich collections, and creative learning experiences for all ages. [kelownaartgallery.com](http://kelownaartgallery.com)



**Canadian Italian Club (KCIC)** celebrates Italian culture through language, cuisine, music, and community events that strengthen cultural pride. [kelownaitalianclub.com](http://kelownaitalianclub.com)



**Kelowna Chinese United Association (KCUA)** fosters cultural connection and unity through engaging cultural, educational, and social programs. [kelownachinese.ca](http://kelownachinese.ca)



**Kelowna Community Music School (KCMS)** nurtures musical growth through accessible, high-quality instruction and enriching performance opportunities. [kelownacommunitymusicschool.ca](http://kelownacommunitymusicschool.ca)



**Kelowna & District Genealogical Society (KDGS)** mission is to bring together individuals interested in family history by sharing ideas, knowledge, and resources, while supporting genealogy research through education, collaboration, and community engagement. [kdgs.ca](http://kdgs.ca)



**Kelowna Museums Society**

connects people with the stories, cultures, and histories that shape the Okanagan through engaging exhibits and programs. [kelownamuseums.ca](http://kelownamuseums.ca)



**Kelowna Pipe Band Society** keeps Scottish musical traditions thriving by inspiring excellence in piping and drumming while welcoming new learners. Find us on Facebook!



**Kelowna Tree Protectors (KTP)** advocates for a greener future by protecting and expanding Kelowna's tree canopy through education and community involvement. [kelownatreeprotectors.ca](http://kelownatreeprotectors.ca)

## PARTICIPATING ORGANIZATIONS



### Lake Country Museum & Archives

preserves and shares the rich history of Lake Country through meaningful exhibits, artifacts, and storytelling.

[lakecountymuseum.com](http://lakecountymuseum.com)



### Mandarin Mondays Kelowna

builds cultural connection and community through accessible Mandarin language learning and engaging social activities. Find us on Facebook!



### Nushana Collective Wellness

family well-being through empowering programs focused on mindfulness, movement, and healthy living.



### OCCA Communities

creates welcoming spaces for newcomers by celebrating cultural diversity and offering inclusive community programs. [occabc.ca](http://occabc.ca)



### Okanagan Filipino-Canadian

**Society (OFCS)** brings Filipino culture to the forefront through vibrant events, traditions, and community-building activities. [ofcs.ca](http://ofcs.ca)



### Okanagan Historical Society

**(OHS)** promotes historical understanding and preserves the stories of the region

through research, publications, and community engagement.

[okanagahistoricalsociety.org](http://okanagahistoricalsociety.org)



### Okanagan Regional Library

(ORL) sparks curiosity and lifelong learning through inclusive access to information, resources, and community programming.

[orl.bc.ca](http://orl.bc.ca)



### Orchard Valley Quilters Guild

(OVQG) inspires creativity and connection through quilting education, artistic collaboration, and community projects. [kelownaquilts.com](http://kelownaquilts.com)



### Rotary Centre for the Arts (RCA)

enriches Kelowna with accessible creative spaces, diverse performances, and vibrant cultural experiences.

[rotarycentreforthearts.com](http://rotarycentreforthearts.com)



### Sncewips Heritage Museum

uplifts Indigenous voices by sharing culture, heritage, and stories that strengthen community understanding. [sncewips.com](http://sncewips.com)



### Westbank Museum

brings the community's history to life through exhibits, artifacts, and engaging educational programs.

[westbankmuseum.com](http://westbankmuseum.com)

## SCHEDULE OF LOCAL EVENTS

**Monday**  
**February 16**  
**(Family Day)**

### **BC Heritage Week – Kelowna Kickoff event** **1 pm to 4 pm at MNP Place, 4105 Gordon Drive**

Kick off BC Heritage Week with us on February 16 at MNP Place as part of the City of Kelowna's free Family Fun Day! Explore cultural food traditions, enjoy hands-on activities, and celebrate the stories that connect our community.

Look for the Heritage zone and see how our heritage and cultural traditions connect us to family, ancestors, and tradition.

For more information on Heritage Week, please visit: [okheritatesociety.com/heritage-week](http://okheritatesociety.com/heritage-week) or the individual participants' websites.

### **Kelowna Cultural District-celebrates Heritage Week and Family Day** **Various times and locations listed**

Celebrate Family Day and Kelowna Heritage Week with a free, walkable cultural experience across the Cultural District.

**10 am to 4 pm at Kelowna Art Gallery:** Come and celebrate the Okanagan's rich diversity of food, family recipes and cooking traditions through art. [kelownaartgallery.com/family-day](http://kelownaartgallery.com/family-day)

**12 to 4 pm at Okanagan Heritage Museum:** Join us for a family-friendly day of discovery at the Okanagan Heritage Museum!  
[kelownamuseums.ca/event/stir-the-pot-family-day-at-the-okanagan-heritage-museum](http://kelownamuseums.ca/event/stir-the-pot-family-day-at-the-okanagan-heritage-museum)

**1 to 4 pm at Rotary Centre for the Arts:** Come explore the art of circular and stirring movements through the dances of three unique cultures

## SCHEDULE OF LOCAL EVENTS

Egypt, Hawaii, and India! [rotarycentreforhearts.com/events/special-events/kelowna-heritage-week](https://rotarycentreforhearts.com/events/special-events/kelowna-heritage-week)

**11 am to 4pm for Tea and Storytelling at Sncewips!** Let's stir the tea-pot at Sncewips Heritage Museum for tea-time & storytelling by Coralee Miller on Family Day for BC Heritage Week! Admission is by donation. [sncewips.com/whats-happening](https://sncewips.com/whats-happening)

**10 am to 3:30 pm Family Day Pottery Workshops at the Westbank Museum:** Come make some pottery with Pearl & Fern Pottery at the Westbank Museum on February 15 and 16! Go to [pearlfern.as.me/schedule](https://pearlfern.as.me/schedule) to register.

**1 to 4 pm Lake Country Museum and Archives:** Join us to celebrate Heritage Week! We will explore the history of farming and agriculture in the Okanagan region, with interactive exhibits, local stories, and activities for the kids! [lakecountrymuseum.com](https://lakecountrymuseum.com)

**1 to 3 pm Circle Dancing and Art to Connect with Trees:** Kelowna Tree Protectors and Kelowna Unitarians are offering a free drop-in workshop featuring circle dancing and an art project themed to connect us with our long heritage with trees. This is a free event at Kelowna Unitarian Church, 1310 Bertram Street.

**Wednesday,  
February 18**

**KCUA and JoeAnna's House — "Share a Meal":** To celebrate Heritage Week "Stir the Pot: Food Brings Us Together", Kelowna Chinese United Association (KCUA) volunteers will prepare and serve a meal to help ease families' stress and reduce the burden of cooking while they focus on supporting a loved one. Interested in learning more about volunteer opportunities with JoeAnna's House? Visit: [joannashouse.com/share-a-meal](https://joannashouse.com/share-a-meal)

**7 to 9 pm Central Okanagan Heritage Society's 42nd Annual Heritage Awards** presentation will take place at Benvoulin Heritage Church (2279 Benvoulin Road, Kelowna). Light refreshments will be available after the

## SCHEDULE OF LOCAL EVENTS

	<p>presentation. This event is open to all Heritage Week participants as well as the public. Admission by Donation. For more Information: <a href="http://okheritagesociety.com/awards">okheritagesociety.com/awards</a></p>
<p><b>Thursday, February 19</b></p>	<p><b>7 to 8 pm, Wine Families of the Central Okanagan:</b> Let's celebrate Heritage Week by exploring the history of some of the Central Okanagan wine families, Stirring the <del>Pots</del> Vats to produce great wines! This zoom presentation is hosted by the Kelowna &amp; District Genealogical Society and the Okanagan Regional Library. Free but <b>registration is required:</b> <a href="http://orl.libcal.com/event/3987539">orl.libcal.com/event/3987539</a></p>
<p><b>Friday, February 20</b></p>	<p><b>6 pm Heritage Week Trivia Night with Westbank Museum and the Sncewips Heritage Museum:</b> Do you take pride in being a local history buff? Come join the Westbank Museum and the Sncewips Heritage Museum for the 3rd annual Heritage Week Trivia Night, hosted at Connector Brewing (#101- 3310 Carrington Road, Westbank)</p>
<p><b>Saturday, February 21</b></p>	<p><b>11 am and 1 pm Central Okanagan Heritage Society</b> will be giving two, 75-minute tours of the <b>Bennett Heritage House- Brookside Manor</b>. To attend, please pre-register, as limited spaces are available on each tour. <a href="http://okheritagesociety.com/events-at-the-bennett-estate">okheritagesociety.com/events-at-the-bennett-estate</a></p> <p><b>11am to 12 pm Weird and Wonderful Tour</b> at the Okanagan Heritage Museum. Join us for a fun, family-friendly guided tour of the 'Weird and Wonderful' exhibit! Learn about the museum's most curious and extraordinary objects. Register at: <a href="http://kelownamuseums.ca/event/the-weird-wonderful-tour/2026-02-21">kelownamuseums.ca/event/the-weird-wonderful-tour/2026-02-21</a></p>
<p><b>Sunday February 22</b></p>	<p><b>1 pm to 2:30 pm for Cub Club: Flick and Facts</b> at the Okanagan Heritage Museum. Grab a lab partner and get ready for some silly science with hands-on experiments based on 'Cloudy with a Chance of Meatballs' movie! To learn more about <a href="http://kelownamuseums.ca/cub-club">kelownamuseums.ca/cub-club</a></p>

## SCHEDULE OF LOCAL EVENTS

**4 to 8 pm Spring Lantern Festival 2026** with OCCA Communities Association. "Light up the Lunar New Year with culture, food, games, prizes, connection, and celebration at OCCA Spring Lantern Festival, at the **Kelowna Events Centre**. Reserve your spot at [occabc.ca](http://occabc.ca)."

### Ongoing events during the week

**The Kelowna Downtown Library** will have a number of Heritage Personality Displays from Feb. 16 to the 22nd. There will be new displays on the Rittich family and the Quong Wan family- two families involved with the food industry. These displays have been researched and created by members of **Kelowna & District Genealogical Society**.

**City Hall in the 'Community Connections' Display Cabinet** celebrating the theme "Stir the Pot: Food brings us together, highlighting how food connects cultures, traditions, and communities". The exhibit showcases four Kelowna organizations — the Central Okanagan Heritage Society, Kelowna Canadian Italian Club, Kelowna Chinese United Association, and Okanagan Filipino Canadian Society.

See all the Heritage Week events on:

[okheritagesociety.com/heritage-week](http://okheritagesociety.com/heritage-week)

[facebook.com/HeritageWeekCentralOkanagan](https://facebook.com/HeritageWeekCentralOkanagan)

[facebook.com/OkHeritageSociety](https://facebook.com/OkHeritageSociety)

[instagram.com/centralokanaganheritage](https://instagram.com/centralokanaganheritage)